



Maximize Your Benefits

Tips to make you a smart United Concordia member.

1. Find a dentist you'll love.

Ask around to get a good referral. You can also use the Find a Dentist tool on [UnitedConcordia.com](https://www.UnitedConcordia.com). Visiting in-network dentists means less out-of-pocket costs for you.

2. Schedule preventive exams and cleanings.

Regular dental care will keep you healthier overall and decrease your risk for gum disease and oral cancer.

3. Understand your dental coverage.

Don't just read it, know it. Be sure to review all paperwork that you receive regarding your dental coverage.

4. Manage your benefits.

No matter where you are, you can manage your benefits online or on your smart phone with *MyDentalBenefits*. Visit [UnitedConcordia.com](https://www.UnitedConcordia.com) and sign in to your *MyDentalBenefits* account, or download our mobile app and use the same username and password.

5. Talk to your dentist.

If you have questions about your treatments, don't be afraid to ask. Some treatments may have alternative options that cost less, so you spend less out of your own pocket.

Visit [UnitedConcordia.com](https://www.UnitedConcordia.com) for more dental health tips.

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