



My Dental Assessment

Is your oral health at risk?

This online tool helps identify oral health risks and show how your lifestyle factors and medical conditions impact the health of the mouth.

The assessment will generate a detailed report card — developed by dentists — that includes information on the three most common dental issues:

Tooth decay • Gum disease • Oral cancer

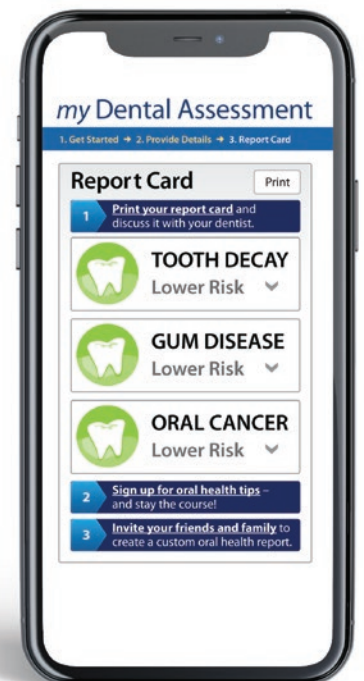
With one click, the entire assessment can be printed and taken to an upcoming dental check-up. Dentists or hygienists can help answer questions and address any oral health concerns.

United Concordia Dental members have the option of storing their assessment report cards in *MyDentalBenefits*, a secure online portal that comes with your dental insurance plan and contains account information to help maximize your benefits. Visit UnitedConcordia.com/MDA to take the assessment from your computer, tablet or mobile phone.

After taking the survey, you can sign up to get oral wellness tips via email.

At United Concordia Dental, we know that maintaining oral health can keep you healthier in many other ways.

Visit UnitedConcordia.com/MDA to get started today!



Take our quiz and sign up for oral wellness tips via email.