

## Avoid unexpected dental bills. Get an estimate.

**Before you schedule treatment for services beyond routine preventive care, ask your dentist to provide you with an estimate of the cost based on your dental insurance coverage. This is called a predetermination.**

### **Predeterminations are helpful for more expensive dental procedures.**

Pre-treatment estimates would tell you what your out-of-pocket costs may be for any covered service, including:

- Wisdom teeth removal.
- Gum surgery.
- Crowns.
- Bridges.
- Other services outside of routine care.

Predeterminations aren't guarantees of a United Concordia Dental payment, but give you an idea of what you can expect to pay.

### **Estimates are free and easy to request.**

Simply ask your dentist to submit a predetermination request on your behalf to United Concordia.

This is also a good time to talk to your dentist about alternate treatment options that may be covered by your dental plan.



### **Estimate your costs before getting care.**

Look under the **Covered Services** tab in *MyDentalBenefits*. Click the **Cost** button to look up prices for the services you need.

### **Save yourself a call. Track your request online.**

With *MyDentalBenefits*, you can track the status of your predetermination and review the information as soon as it's available.

### **Don't have a *MyDentalBenefits* account? Get started at [UnitedConcordia.com/MDB](http://UnitedConcordia.com/MDB).**

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-332-0366 (TTY: 711).
Español (Spanish)	ATENCIÓN: Si habla español, le ofrecemos de ayuda lingüística gratuita. Llame al 1-800-332-0366 (TTY: 711).
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-332-0366 (TTY: 711)。