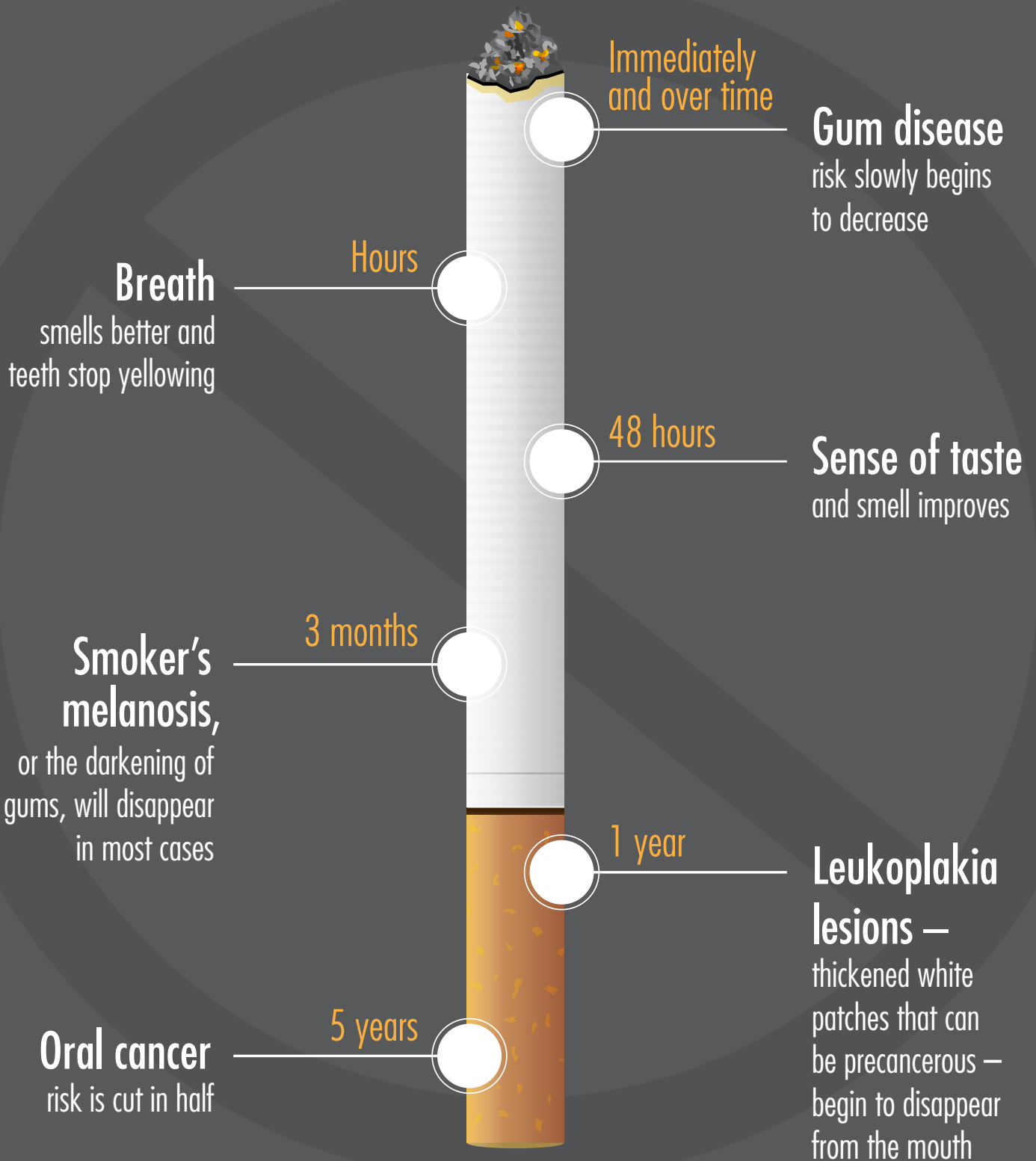


How **QUITTING SMOKING** can **improve oral health** over time



Important disclosures: UnitedConcordia.com/Disclaimers

Sources:

- 1: Smoking Cessation; Cleveland Clinic; 2014
- 2: Disappearance of Smoker's Melanosis after Reducing Smoking; Journal of Oral Pathology and Medicine; 1993
- 3: The Health Consequences of Smoking; Surgeon General Report; 2004
- 4: Health and other benefits of quitting; Tobacco in Australia; 2016
- 5: How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease; U.S. Department of Health and Human Services; 2010
- 6: Benefits of quitting tobacco; U.S. National Library of Medicine; 2015

UNITED CONCORDIA[®]
DENTAL